



# Talk of Des Moines Toastmasters



April, 2006

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## New Members

Welcome to our newest members:

Jerry O'Rourke owner of O'Rourke Marketing

Kyle Ervin of Ervin Family Chiropractic

Kay Stubblefield of Wells Fargo

Welcome to Talk of Des Moines and we look forward to hearing more about you in your Ice Breaker speeches.

## President's Message

Talk of Des Moines continues on a roll and we have inducted three new members into the club. This is very exciting to me and reflects well on our club that we can continue to attract so many motivated people. We now have 22 members and are well over the number required to qualify for the Distinguished Club program. We are well on our way to achieving our vision of being a president's distinguished club.

I would like to offer special thanks and recognition to Anne Sexton and American Republic Insurance for their generous donation of \$250. Anne earned this recognition from American Republic for the outstanding service she has given to Talk of Des Moines Toastmasters over the last year. We truly appreciate the dedication of Anne and also American Republic for continuing to be a strong supporter of Toastmasters.

On April 19<sup>th</sup>, Elizabeth Roling, the current Miss Capital City, graced us with a speech. Elizabeth asked us for a chance to speak on the subject of "Music And Its Impact On Youth" and we were more than willing. Great job Elizabeth!!

## Officers Elected for 2006 - 2007

Congratulations and welcome to our newest officers. Officers serve a 12 month term from July 1<sup>st</sup> to June 30<sup>th</sup>. Our club election took place on May 3<sup>rd</sup> and the following candidates were elected to office.

### Office

President  
 VP of Education  
 VP of Membership  
 VP of Public Relations  
 Secretary  
 Treasurer  
 Sergeant at Arms

### Candidates

Virginia Palmisano  
 Bob Vipond  
 Andrea Jones  
 Brett DeBruyn  
 Brandon Bundt  
 Carole Stevens  
 Paul Freeman

Serving as an officer provides many benefits to you. You will have fun meeting with fellow members and making sure Talk of Des Moines is dynamic and fun. You will receive credit toward the Competent Leader award. You will learn and practice leadership skills that are useful in many areas of your life, and you will gain increased appreciation for Toastmasters and all it has to offer.

Please mark your calendars for the June 24<sup>th</sup> Toastmasters Leadership Institute. All officers should plan to attend. Let's get an early start to achieving back to back years as a distinguished club.



# Talk of Des Moines Toastmasters



April, 2006

## March and April Speeches

3/22/2006 - Themed Meeting - Providing Effective Feedback

- Carole Stevens - "Giving Effective Feedback"
- Paul Freeman - "Evaluate To Motivate"

3/29/2006 -

- Brett DeBruyn - "African Violets, They Just Keep Coming"
- George Clark - "Selling Advertising"

4/05/2006 -

- Karsten Gebert - "Ice Breaker"
- Bob Vipond - Radio Talk Show - "Contests are for Everyone"

4/12/2006 -

- Barbara Duff - "Ice Breaker"

4/19/2006 -

- Elizabeth Roling - "Music And Its Impact On Youth"
- Tom Lu - "How to Play the Guitar"

4/26/2006 - Themed Meeting - Building an Empowered Team

- Carole Stevens - "Delegate to Empower"
- Brett DeBruyn - "Building a Team"

## Congratulations

Congratulations to Carole Stevens for earning her Competent Leader (CL) award. The CL award requires members to demonstrate a commitment to the club by serving on the club executive committee, participating in the creation and execution of the Club Success Plan, and presenting two modules from the Leadership Excellence or Better Club Series. Carole has done an outstanding job for the past 17 months as Club Treasurer. By achieving her CL Award, Carole has moved the club forward in the Distinguished Club program. Well Done!!

## Distinguished Club Progress

**Vision: To Achieve President's Distinguished Club Status by June 2006.**

**8 of 10 Goals Completed  
22 Members**

### GOAL

Achieve any five of 10 goals  
 Achieve any seven of 10 goals  
 Achieve any nine of 10 goals

### RECOGNITION

Distinguished Club  
 Select Distinguished Club  
 President's Distinguished Club

Membership Base: 15

**Goal 1 – 2 CTM awards (Bob Vipond & Brett DeBruyn)**

Goal 2 – 2 more CTM Awards (Carole Stevens & ???)

**Goal 3 - 1 ATM award (Bessie Parker ATM-G)**

Goal 4 – 1 more ATM (???)

**Goal 5 - 1 CL award (Bob Vipond)**

**Goal 6 – 1 more CL Award (Carole Stevens)**

**Goal 7 - 4 New members (Diane Bland, Jeanne Love, Tom Lu, George Clark )**

**Goal 8 – 4 more New Members (Beth Wahlstrom, Susan Hobart, Virginia Palmisano, Barbara Duff, Karsten Gebert, Brandon Bundt, Jerry O'Rourke, Kyle Ervin, Kay Stubblefield)**

**Goal 9 – Four officers trained during both training periods**

**Goal 10 – Member dues and officer lists submitted on-time**

The following members have made commitments to help Talk of Des Moines achieve the rest of our goals.

Goal 2: CTM – Pat Willett

Goal 4: ATM – Anne Sexton, Brett DeBruyn, and Paul Freeman



# Talk of Des Moines Toastmasters



April, 2006

## **Officer List**

### **President**

Bob Vipond  
515-255-7402 (home)  
bob\_vipond@yahoo.com

### **VP of Education**

Anne Sexton  
274-8132 (home)  
Anne\_sexton@aric.com

### **Assistant VP of Education**

Tom Lu  
557-3997 (work)  
tom.lu@amerus.com

### **VP of Membership**

Andrea Jones  
471-8699 x31 (work)  
andrea@cfiowa.org

### **VP of Public Relations**

Brett DeBruyn  
432-7792 (home)  
brett@darkrealms.com

### **Secretary**

Bessie Parker  
282-7083 (home)

### **Treasurer**

Carole Stevens  
270-1773 (home)  
cjs@dwx.com

### **Sergeant of Arms**

Paul Freeman  
245-2007 (home)

Interested in serving as an officer? Talk to any Officer using the contact information provided. Elections for new positions are held each May!

## **Area 55 Speech Contest**

With the return of "the coveted" Golden Corncob Award and first place showings by Diane Bland and Paul Freeman, Talk of Des Moines Toastmasters swept the Area 55 speech contest on April 13<sup>th</sup>.

Congratulations to Diane for winning the International speech contest. Diane delivered a powerful and emotional speech entitled "The Diary". You did great and we are proud of you.

Congratulations to Paul Freeman for winning the Table Topics contest. Paul was in great form and nailed the answer to the question: "We have all heard of e-mail and e-learning, what is e-forgetting?"

## **Division C Speech Contests**

Congratulations to Diane Bland for taking second place at the Division C contest on Saturday, April 22nd. You really put forth a performance that took the audience on an emotional roller coaster. This was by far the best rendition of "The Diary" yet and to many the best at the contest.

Paul Freeman competed in the Table Topics contest and answered the following question: "If you could live and experience any time in history, where would it be and why?" Paul performed well but finished out of the money. Great effort Paul!

## **District 19 Convention**

Carole Stevens and I represented Talk of Des Moines Toastmasters at our District 19 conference on May 6<sup>th</sup> in Sioux City. This was a very rewarding trip for me and I gained a greater appreciation for Toastmasters and what it can do for you at advanced levels. Bob Hooey, a fellow Toastmaster, gave us a lesson on what it takes to be a professional speaker and how he earned the title of Accredited Speaker.

In 1992, seven members of Toastmaster clubs in British Columbia formed an advanced club for the purpose of investigating the Accredited Speaker program. In 1994, only five Toastmasters were invited to the International convention to compete in the final round of judging for the program. Three of those five came from this same club in British Columbia. Two of those members are now counted among the 57 Toastmasters who have achieved this prestigious award. A true testament to what can be accomplished when you focus your attention on a goal and work together in harmony with others to achieve that goal.

I would like to offer congratulations to Thomas Lindamen of Coachmasters club in Des Moines, for winning the International speech contest with his speech titled "My Father's Son". Thomas will compete next at the Regional Conference on June 17<sup>th</sup>.

Bob Vipond, CL  
President, Talk of Des Moines Toastmasters



# Talk of Des Moines Toastmasters



April, 2006

## Calendar of Events

### Birthdays

#### January

1st - Barbara Duff  
4th - Ernie Moore  
6th - Randy Essex  
13th - Trevor Pollitt  
31st - Susan Hobart

#### February

11th - Pat Willett  
20th - Carole Stevens

#### March

17th - Paul Freeman

#### May

13th - Andrea Jones  
14th - Tom Lu

#### June

8th - Bessie Parker

#### August

26th - Brett DeBruyn

#### September

15th - Beth Wahlstrom  
26th - Anne Sexton  
26th - Jeanne Love  
27th - George Clark  
30th - Larry Manning

#### November

5th - LeRoy Edge  
11th - Bob Vipond  
26th - Diane Bland

#### May

3<sup>rd</sup> - Club Officer Elections

5<sup>th</sup> and 6<sup>th</sup> – Friday and Saturday – District 19 Spring Conference  
Sioux City – Clarion Hotel and Conference Center

13<sup>th</sup> – Saturday – Executive Committee Meeting – 10 a.m.  
Bessie Parker's house

24<sup>th</sup> – Special Meeting “Communicating For Success”

#### June

11<sup>th</sup> – Sunday – Executive Committee Meeting – 2 p.m.  
Bessie Parker's house

15<sup>th</sup> – 17<sup>th</sup> – Thursday – Saturday – Region IV Conference  
Minnetonka, MN

24<sup>th</sup> – Toastmasters Leadership Institute  
Farm Bureau Building - 5400 University Ave. West Des Moines  
Registration -- 8:30 AM Program -- 9:00 AM to 1:00 PM  
Cover Charge \$10

#### July

9<sup>th</sup> – Sunday – Executive Committee Meeting – 2 p.m.  
Bessie Parker's house

#### August

13<sup>th</sup> – Sunday – Executive Committee Meeting – 2 p.m.  
Bessie Parker's house

23 - 26 – Toastmasters Annual Convention  
Washington D.C.

#### September

6<sup>th</sup> – Wednesday – Humorous Speech and Evaluation Contest - Club

#### November

10<sup>th</sup> and 11<sup>th</sup> – Friday and Saturday – District 19 Fall Conference  
Cedar Rapids Marriott, 1200 Collins Road NE, Cedar Rapids, IA